

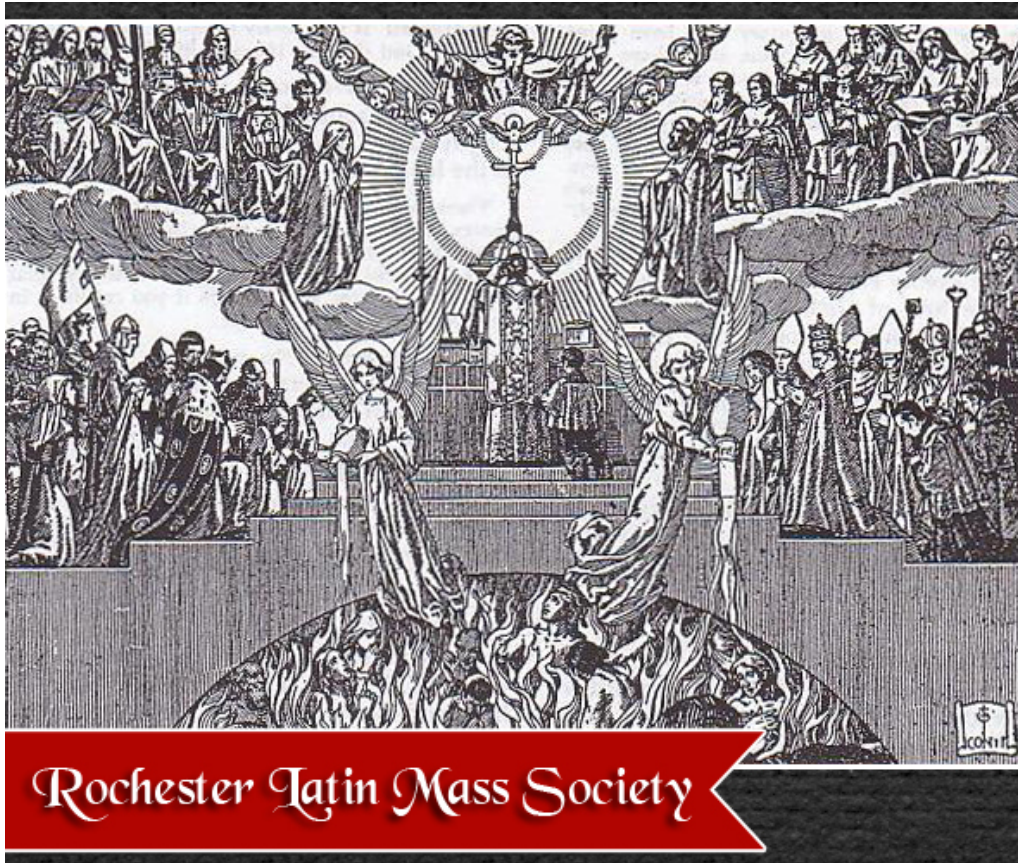
## Plenary Indulgences for the Poor Souls in Purgatory



*From November 1 through November 8, each day there is an opportunity to gain a plenary indulgence applicable to the Poor Souls in purgatory by visiting a cemetery and praying for the dead (even if only mentally). Below are the general guidelines to obtain this plenary indulgence.*

*Provided Courtesy of Rochester Latin Mass Society*

[www.rochesterlatinmassociety.org](http://www.rochesterlatinmassociety.org)



1. State of grace at least when performing the indulgenced act
2. Complete detachment from sin, even venial sin
3. Confession (20 days before or after the indulgenced act)
4. Communion\* (20 days before or after the indulgenced act)
5. Prayers for the Supreme Pontiff (20 days before or after the indulgenced act)
6. Indulgenced act: a special good work with special conditions of place and time
7. A plenary indulgence can be acquired only once per day.

\*According to Norm 9 of the Handbook of Indulgences 4th edition, 1999

A single sacramental confession suffices for gaining several plenary indulgences, but Communion must be received and prayers for the Supreme Pontiff's intentions recited for the gaining of each plenary indulgence.

A partial indulgence is granted to those who recite Lauds or Vespers of the Office of the Dead, or to those who recite the Requiem Prayer. Multiple partial indulgences can be obtained per day.

Réquiem ætérnam dona eis,  
Dómini, et lux perpétua lúceat  
eis. Requiéscant in pace. Amen.

Eternal rest grant unto them, O  
Lord and let perpetual light shine  
upon them. Rest in peace. Amen.

On the All Souls' Day (Nov. 2), a plenary indulgence can be granted to the Poor Souls, for those who visit any parish church or public oratory and there recite one Our Father and one Creed.